Voorheesville Elementary School

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Day 1** Hot Lunch 1 WG Chicken Nuggets (H) Mashed Potatoes/Gravy Seasoned Corn Hot Lunch 2 Hummus with Chips (V-GF) WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit 8 oz. Low Fat Milk	**3** **Day 2** Hot Lunch 1 Walking Taco (WG-GF) Seasoned Turkey (H), Fiesta Rice, Salsa and Cheddar Cheese Hot Lunch 2 Cheese Burrito WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	**4** **Day 3** Hot Lunch 1 W Mini Pancakes(V) Turkey Sausage Sliced Cucumbers OR WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	**5** **Day 4** Hot Lunch 1- V'Ville Mac & Cheese Seasoned Carrots Hot Lunch Broccoli and Cheese Potato (GF-V) WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	**6** **Day 5** Hot Lunch 1 Tony's Cheese or Pepperoni Pizza Hot Lunch 2 Fish Sticks (WG) Green Tossed Salad WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk
9 **No School**	**10** **No School**	**11** **No School**	**12** **Day 6** Hot Lunch 1 WG Bosco Cheese Sticks with Dipping Sauce (V), Seasoned Carrots Hot Lunch 2 Broccoli and Cheese Potato (V) WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	**13** **Day 1** Hot Lunch 1 Cheese or Pepperoni Pizza Hot Lunch 2 Fish Sticks (WG) Green Tossed Salad WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk
16 **Day 2** Hot Lunch 1 WG Chicken Nuggets (H) Mashed Potatoes/Gravy Seasoned Corn Hot Lunch 2 Hummus with Chips (V-GF) WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit 8 oz. Low Fat Milk	**17** **Day 3** Hot Lunch 1 WG Mini Waffles(V) Turkey Sausage Sliced Cucumbers OR WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	**18** **Day 4** Hot Lunch 1 Hotdog on WG Bun Potato Chips, Seasoned Carrots Hot Lunch 2 Broccoli and Cheese Potato(GF-V) WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	**19** **Day 5** Hot Lunch 1- Pasta with Meatballs Seasoned Carrots Roll with Butter Hot Lunch 2 Buttered Pasta (V) WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	**20** **Day 6** Hot Lunch 1 Tony's Cheese or Pepperoni Pizza Hot Lunch 2 Fish Sticks (WG) Green Tossed Salad WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk
23 **Day 1** Hot Lunch 1 WG Chicken Patty Sandwich on WG Bun, Chicken Breast (H Seasoned Corn, Potato Puffs Hot Lunch 2 WG Pretzel with Cheese Dipping Sauce (V WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	**24** **Day 2** Hot Lunch 1 WG Bosco Cheese Sticks with Dipping Sauce (V), Seasoned Carrots Hot Lunch 2 Broccoli and Cheese Potato(GF-V) WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	**25** **No School**	**26** **No School**	**27** **No School**
30 **Day 3** Hot Lunch 1 WG Chicken Nuggets (H) Mashed Potatoes/Gravy Seasoned Corn Hot Lunch 2 Hummus with Chips (V-GF) WG Bagel w/Butter/Cream Cheese (V) Deli Sandwich or Yogurt Parfait Assorted Fresh Fruit 8 oz. Low Fat Milk				
A fruit or vegetable must be taken by a student for a meal to be reimbursable. Otherwise ala carte pricing will be charged.			**V=Vegetarian Offering** **H=Halal Offering** **GF=Gluten Free Offering** **WG=Whole Grain**	**** SEE REVERSE SIDE FOR DAILY BREAKFAST & LUNCH ITEMS AND STATE & FEDERAL REGULATIONS**

****Menu items subject to change****

New York State & Federal Regulations

All foods served at VCSD meet or exceed the required federal guidelines in regard to fat, sodium, sugar and whole grain dietary content. In addition, the Food Service Department offers customization to meet additional dietary needs. Each day students will have ***gluten-free, Halal and vegetarian*** *meal options available. The staff of the Food Services Department is trained to distinguish these selections and can assist students in identifying foods that fit their individual needs.*

State & Federal Lunch Regulations for Elementary School Grades K-5:

Daily minimums: ½ cup fruit serving, ¾ cup vegetable serving ½ c legumes, ½ c dark greens, ¾ c red/orange, ½ c starchy, plus ½ c other, 1 grain per day minimum (No noodles or rice can be in the soups to meet this requirement), 1 oz. protein minimum, Assorted low-fat and fat-free milk only

Minimum-maximum calories 550-650, saturated fat – less than 10% of total calories, sodium – 1110 mg or less, zero trans fat