



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Day 6	2	Day 1	3	Day 2	4	Day 3	5 Day 4	
Chicken Nuggets Baked Fries Seasoned Corn Or WG Mozzarella Cheese Stick Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		Turkey or Cheese Nachos Seasoned Black Beans, Salsa, Brown Rice Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		Hot Dog Potato Chips Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk		Cheese Stuffed Bites with Dipping Sauce Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk		½ Day No Lunch Served	
8	Day 5	9	Day 6	10	Day 1	11	Day 2	12 Day 3	
Chicken Patty Sandwich on WG Bun Baked Fries, Seasoned Corn Or WG Pretzel with Cheese Dipping Sauce Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		WALKING Taco Seasoned Black Beans Salsa Brown Rice Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		Hamburger on WG Bun Baked Fried Seasoned Carrots Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		Mini Waffles Sausage Links Sliced Cucumbers Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk		Cheese or Pepperoni Pizza Tossed Salad Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	
15	Day 4	16	Day 5	17	Day 6	18	Day 1	19 Day 2	
Chicken Nuggets Baked Fries Seasoned Corn Or WG Mozzarella Cheese Sticks Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		Turkey or Cheese Nachos Seasoned Black Beans, Salsa, Brown Rice Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		Hot Dog Potato Chips Seasoned Carrots Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk		Cheese Stuffed Bites with Dipping Sauce Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk		Cheese or Pepperoni Pizza Tossed Salad Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	
22	Day 3	23	Day 4	24	Day 5	25	Day 6	26 Day 1	
Chicken Patty Sandwich on WG Bun Baked Fries, Seasoned Corn Or WG Pretzel with Cheese Dipping Sauce Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		WALKING Taco Seasoned Black Beans Salsa Brown Rice Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		Hamburger on WG Bun Baked Fried Seasoned Carrots Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		French Toast Sticks Sausage Links Sliced Cucumbers Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		Cheese or Pepperoni Pizza Tossed Salad Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	
29		30	Day 2	31	Day 3				
No School		Turkey or Cheese Nachos Seasoned Black Beans, Salsa, Brown Rice Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk		Hot Dog Potato Chips Seasoned Carrots Or WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk					
A fruit or vegetable must be taken by a student for a meal to be reimbursable. Otherwise ala carte pricing will be charged.				Lunch Cost \$2.90 Breakfast \$1.65		<u>WG: Whole Grain</u> <u>WW: Whole Wheat</u> <u>LS: Low Sodium</u> <u>RF: Reduced Fat</u>		** SEE REVERSE SIDE FOR STATE & FEDERAL REGULATIONS	



Menu items subject to change.*

New State & Federal Regulations

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New State & Federal Regulations Elementary School Grades K-5 350-500 Calories, 540 mg or less of Na+ 8 oz Low Fat Milk 91% Skim and Flavored Skim Milk available Daily

WG: Whole Grain WW: Whole Wheat LS: Low Sodium RF: Reduced Fat