



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Day 3 Hotdog on WG Roll Potato Chips Seasoned Carrots OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk	2 Day 4 Pasta with Meatballs Seasoned Green Beans OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk	3 Day 5 Cheese Pizza Tossed Salad OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk
6 Day 6 Chicken Patty Sandwich on WG Bun Baked Fries Seasoned Corn OR WG Pretzel w/Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk	7 Day 1 Chicken or Cheese Nachos Seasoned Black Beans Salsa Brown Rice OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk	8 Day 2 Hamburger on WG Roll Baked Fries Seasoned Carrots OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk	9 Day 3 French Toast Sticks Sausage Links Sliced Cucumbers OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk	10 Day 4 Cheese Pizza Tossed Salad OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk
13 Day 5 Chicken Nuggets Baked Fries Baby Corn OR WG Mozzarella Cheese Sticks Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk	14 Day 6 Walking Taco Seasoned Black Beans Salsa Brown Rice OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk	15 Day 1 Hot Dog on WG Roll Potato Chips Seasoned Carrots OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk	16 Day 2 Cheese Stuffed Bites with Dipping Sauce Seasoned Green Beans OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk	17 Day 3 Cheese Pizza Tossed Salad OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk
20 No School	21 No School	22 No School	23 No School	24 No School
27 Day 4 Chicken Nuggets Baked Fries Seasoned Corn OR WG Mozzarella Cheese Sticks Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk	28 Day 5 Chicken or Cheese Nachos Seasoned Black Beans Salsa Brown Rice OR WG Bagel w/Butter/Cream Cheese Assorted Fresh Fruit & Veggies 8 oz Low Fat Milk			
A fruit or vegetable must be taken by a student for a meal to be reimbursable. Otherwise ala carte pricing will be charged.		Lunch Cost \$2.90 Breakfast Cost \$1.65		<u>WG: Whole Grain</u> <u>WW: Whole Wheat</u> <u>LS: Low Sodium</u> <u>RF: Reduced Fat</u>
** SEE REVERSE SIDE FOR DAILY BREAKFAST & LUNCH ITEMS AND STATE & FEDERAL REGULATIONS				



****Menu items subject to change.****

New State & Federal Regulations

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Elementary School Grades K-5

350-500 Calories, 540 mg or less of Na+

8 oz Low Fat Milk 91% Skim and Flavored Skim Milk available Daily

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