



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Day 5 Mini Cheese Pizza Tossed Salad OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk
4 Day 6 Chicken Nuggets Baked Fries Baby Carrots OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	5 Day 1 Cheese Nachos Salsa, Brown Rice OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	6 Day 2 Beef Hamburger Potato Puffs Sliced Cucumbers OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	7 Day 3 Bosco Sticks w/ Marinara Sauce Seasoned Green Beans OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	8 Day 4 Mini Cheese Pizza Tossed Salad OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk **Early Release Drill
<h2>No School</h2>	12 Day 5 Popcorn Chicken Bites Baked Fries Baby Carrots OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	13 Day 6 Hot Dog on WG Bun Potato Puffs Sliced Cucumbers OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	14 Day 1 Bosco Sticks w/ Marinara Sauce Seasoned Green Beans OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	15 Day 2 Mini Cheese Pizza Tossed Salad OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk
18 Day 3 Chicken Patty Sandwich on WG Bun Baked Fries Baby Carrots OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	19 Day 4 Cheese Nachos Salsa, Brown Rice OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	20 Day 5 Popcorn Chicken Potato Puffs Seasoned Corn OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	21 Day 6 French Toast Sticks Sausage Links Sliced Cucumbers OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	22 Day 1 Mini Cheese Pizza Tossed Salad OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk
25 Day 2 Chicken Nuggets Baked Fries Baby Carrots OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	26 Day 3 Cheese Nachos Salsa, Brown Rice OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	27 Day 4 Beef Hamburger Potato Puffs Sliced Cucumbers OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	28 Day 5 Bosco Sticks W/Dipping Sauce Seasoned Green Beans OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk	29 Day 6 Mini Cheese Pizza Tossed Salad OR WG Bagel w/Butter or Cream Cheese Assorted Fresh Fruit & Veggies 8 oz. Low Fat Milk
A fruit or vegetable must be taken by a student for a meal to be reimbursable. Otherwise ala carte pricing will be charged.		<h2>Free Breakfast & Lunch</h2>		** SEE REVERSE SIDE FOR DAILY BREAKFAST & LUNCH ITEMS AND STATE & FEDERAL REGULATIONS
			WG: Whole Grain WW: Whole Wheat LS: Low Sodium RF: Reduced Fat	



****Menu items subject to change****

New State & Federal Regulations

New York State & Federal Regulations

New State & Federal Regulations Elementary School Grades K-5 350-500 Calories, 540 mg or less of Na+ 8 oz Low Fat Milk 91% Skim and Flavored Skim Milk available Daily

WG: Whole Grain WW: Whole Wheat LS: Low Sodium RF: Reduced Fat